

#### PAPER TOWEL 2-4 WEEKS

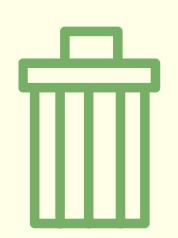
How could you reduce the number of paper towels you use?



Do you reuse your newspaper? Could you get your news from another source?

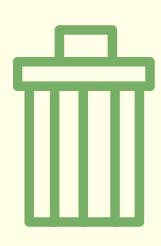






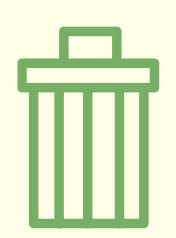
### WAXED MILK CARTON 3 MONTHS

Does it get recycled? Can you buy your milk in a glass bottle?



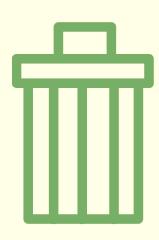
# STYROFOAM CUP 50 YEARS

In July 2020 Styrofoam takeout containers will be banned in Maryland. What will you use then?



#### PLASTIC GROCERY BAG 1–20 YEARS

Do you need so many? Can you use some reusable bags instead?



# PLASTIC BOTTLE 450 YEARS

Do you have a reusable water bottle?



