

# Maryland Fish Consumption Advisories

## for Recreationally Caught Fish in Anne Arundel County, MD

*Guidelines for Recreationally Caught Fish Species in Maryland Fresh, Estuarine, and Marine Waters*

**Recommended Meal Size: 8 oz or 9 crabs - General Population and Women; 3 oz or 4 crabs - Children**

Note: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = women of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

✕ = Fish where all dark meat and/or Belly Fat has been removed

Contaminant present in fish: \* Mercury    Δ PCBs    + Pesticides

Species	Waterbody	Recommended Meals/Month		
		General Population	Women <sup>1</sup>	Children <sup>2</sup>
American Eel	Patapsco River/Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Patuxent River Δ	3	3	3
	South River Δ	2	2	1
Blue Crab	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	6	6	5
	Chesapeake Bay and Tributaries Δ	No Limit	No Limit	No Limit
Blue Crab "Mustard"	Back River, Middle River or Patapsco River including Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Chesapeake Bay and Tributaries Δ	Eat Sparingly	Eat Sparingly	Eat Sparingly
Brown Bullhead Catfish	Magothy Δ	8	8	7
	Mid Bay: Middle to Patapsco Δ	5	5	5
	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
	South River Δ	6	6	5
Brown Trout	Savage River Δ	5	5	3
Channel Catfish	Patapsco River/Baltimore Harbor Δ	1 every other month	1 every other month	1 every other month
	Patuxent River Δ	2	2	1
Common Carp	Rhode & West Δ	7	7	7
	South River Δ	2	2	1
Large and Smallmouth Bass ♥	Patapsco River/Baltimore Harbor Δ	3	3	2
	Patuxent River Δ	No Limit	No Limit	No Limit

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Species	Waterbody		Recommended Meals/Month		
			General Population	Women <sup>1</sup>	Children <sup>2</sup>
Spot ♥	Chesapeake Bay and Tributaries	Δ	5	5	4
	Magothy	Δ	5	5	4
	Mid Bay: Middle to Patapsco	Δ	5	5	4
	Patapsco River/Baltimore Harbor	Δ	5	5	4
	Patuxent River	Δ	5	5	4
	Rhode & West	Δ	5	5	4
	Severn River	Δ	5	5	4
	South River	Δ	5	5	4
Striped Bass (Rockfish) ♥	Chesapeake Bay and Tributaries	< 28" Δ ✕	No Limit	No Limit	7
		< 28" Δ	3	3	2
		> 28" Δ ✕	No Limit	No Limit	5
	Patapsco River - Middle Branch	> 28" Δ	1	1	1 every other month
		< 28" Δ	2	2	1
		> 28" Δ	1	1	1 every other month *
Sunfish (including Bluegill)	Magothy	Δ	5	5	5
	Patapsco River/Baltimore Harbor	Δ	No Limit	No Limit	8
	Patuxent River	Δ	No Limit	No Limit	7
White Catfish	Patapsco River/Baltimore Harbor	Δ	Avoid	Avoid	Avoid
White Perch	Herring Bay	Δ	4	4	2
	Magothy	Δ	2	2	2
	Mid Bay: Middle to Patapsco	Δ	4	3	2
	Patapsco River/Baltimore Harbor	Δ	2	1	1 every other month
		Δ	No Limit	No Limit	No Limit
	Rhode & West	Δ	4	4	3
	Severn River	Δ	2	2	2
	South River	Δ	3	3	2
Yellow Bullhead Catfish	Patuxent River	Δ	5	5	4
Yellow Perch	Magothy	Δ	3	3	3
	Severn River	Δ	5	5	4
	South River	Δ	4	4	4